



# PROVIDER ALERT

## Correction: Information on Clarification on Extended and Crisis Psychotherapy to be included in the Oct. 1 Provider Manual July 1, 2021

**Alert Summary:** This provider alert is to notify providers that the clarification on Crisis Psychotherapy will be included in the October 1 Provider Manual and not the July edition as previously communicated. The information on the upcoming change is recapped as well. The October 1 Provider Manual will clarify when to use Crisis Psychotherapy.

Dear Provider,

Optum Idaho added Crisis Psychotherapy to the Fee Schedule in 2019 and this Provider Alert is to provide additional guidance and clarification on when to use the code. Extended Sessions and Crisis Psychotherapy are both included in the Optum National Supplemental Clinical Criteria: Extended Outpatient Psychotherapy which is available on [Optum - Provider Express Home](#).

The policy communicates that Extended Psychotherapy is for specific identified conditions and modalities. It also communicates that Crisis Psychotherapy is to be used when the member is experiencing an acute crisis associated with one of the identified conditions. The upcoming Oct. 1, 2021 changes to the Optum Idaho Provider Manual clarify this and move Crisis Psychotherapy into the Extended Sessions Psychotherapy Section to more clearly align with the national policy.

For members that are experiencing a crisis and do not meet the criteria for Extended Outpatient Crisis Psychotherapy, Crisis Response and Crisis Intervention services and codes are available.

For additional information about Extended Sessions and Crisis Psychotherapy and for Crisis Response and Crisis Intervention please refer to the Optum Idaho Provider Manual.

If you have any questions, please reach out to your Provider Relations Advocate.

Thank you,  
The Optum Idaho Team